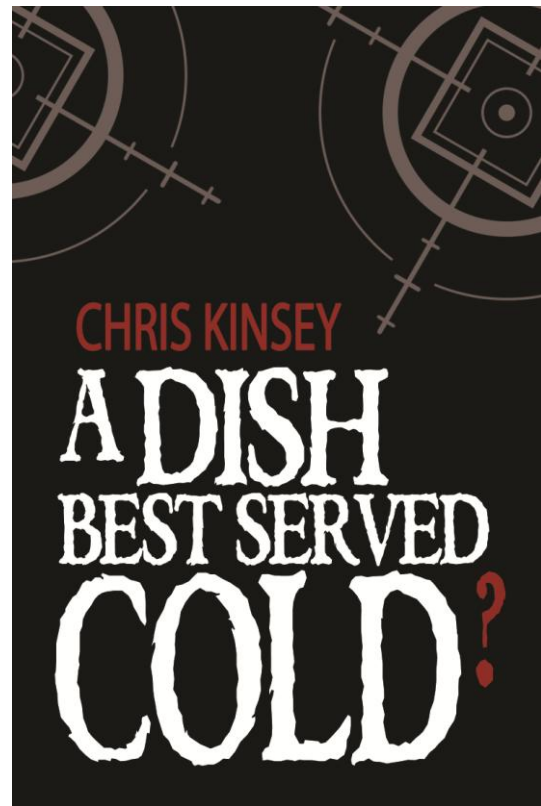


## *A Dish Best Served Cold?*

### **Synopsis**

The book tells the story of eighteen-year-old Sonny Wilton who, in his short years, has lived a life that has been anything but normal. He has witnessed murder, violence, crime and skulduggery, but thanks to his grandparents he has always been loved. So, when they are violently murdered Sonny has no choice but to go on the run.

Forced to leave his life behind, including his girlfriend Rhian, Sonny finds refuge with an ex special services operative. But, after Rhian is beaten up by his grandparent's killer, Sonny decides it's time to take the law into his own hands – avenge his grandparents murder, take back his life, and start a new one with the girl he loves!



### **About The Book**

*A Dish Best Served Cold?* is the debut novel by Chris Kinsey. He says: "This story has taken me a long time to write. Quite a lot of it is based on truth, and I felt the time was right to shine a light on the crime industry in Cardiff and its surrounding areas. Of course, I have heightened the actual events for dramatic effect, but the story does encapsulate the lives of ordinary thugs and criminals."

Based in a fictional Welsh valleys town, Chris Kinsey has thrown his hat into the ring with a powerful story that subverts the genre and brings revenge tragedy bang up-to-date.

The recipe for *A Dish Best Served Cold?* takes all the ingredients you expect from the revenge story and creates something powerful and wonderful. Take a pinch of *Romeo and Juliet*, add a dash of *The*

*Godfather*, mix it around with some *Rocky* and you have book that cuts the mustard.

### **About The Author**

After the death of his mother, Chris Kinsey was in the care system from the age of six until sixteen. He had no choice but to grow up fast and tough, and met some truly fantastic, dangerous, sad, and exciting individuals. Plus one or two lifelong friends.

*A Dish Best Served Cold?* has been a labour of love for Chris for a long time. A lot of the stories and plots are true happenings from his past, or are stories told to him through the memories of friends. While off work, due to having both knees replaced, he finally had the time to get his story down on paper.

### **What People Are Saying About *A Dish Best Served Cold?***

"I thoroughly enjoyed the book. Chris has a relaxed and accessible writing style and it allowed me instantly engage in the story and connect with the protagonists. I thought the Sonny character was fantastic and I could image many people who had suffered some hardships in life relating to the sense of helplessness he felt when things went wrong for him so quickly, especially in someone so young out fending for himself. I thought the fighting and violence was well-measured, enough to convey the danger and brutality of the situations but not considered to be sadistic or excessively violent and everything concluded with a great finale."

**John Walvisch**

"As I am lived all my life in the Welsh valleys, this was a brilliant must read book for me. Not saying that only us Welsh should read this but for anyone who likes a gritty gripping book. This takes the reader on a roller coaster ride. Please pass my best wishes to this brilliant author. I look forward to reading more of his books."

**Martin Hembrow**

"I have never been gripped by a book as much as this one. *A Dish Best Served Cold?* starts off with a bang and continues at an amazing pace. What an enthralling story. The only disappointment is what I do now that

I have finished the book. Really hope there will be a follow up. Massive potential for making it to the Silver Screen, what a movie this would make.

**Gary Checketts**

"This is a gripping, fast moving tale of violence and revenge, and love, with excellent characterisation... a well written good read!"

**Mary Mooney**

"I picked up the book *A Dish Best Served Cold?* at 3pm on Sunday and finished it around 2pm on Monday. I simply couldn't put it down! It's been a long time since a novel held me captive like this. The characters are visceral. I could instantly feel their presence. And what a story, grand themes of survival, loss, second chances, honour (to name just a few) twist and turn in a plot that just gets better with every page.

**Jillian Mooney**

"It took me just two sessions to read *A Dish Best Served Cold?* as I was totally engrossed. The book was a real high octane rollercoaster ride that had me continuously page turning to find out if sonny got his revenge. The plot, setting and characters of the welsh underworld all added to the hard, rugged atmosphere that Chris portrays throughout the book. I look forward to reading more from the author."

**Lee Fisher**

"Got the chance to look at *A Dish Best Served Cold?* a few days ago. Have not read that many books for a few years, but can honestly say this book has got me interested in reading again. A great story from start to finish."

**James Farrell**

"I have just finished *A Dish Best Served Cold?* and WOW, what a fantastic book! I cannot find the words to give it the justice it deserves. The story had me gripped from the very first page to the last. I loved how the characters felt real and tense moments throughout the book kept me turning the pages. Well written with short chapters made the book a nice easy read. I cannot recommend this book enough. It's definitely a 10/10! I am already looking forward to another novel from Chris Kinsey."

**Siobhan O'Sullivan**

"I couldn't put this book down from the first chapter to the last it kept me enthralled and excited to get to the next page. I loved the characters and Chris's storytelling kept me captivated right until the end. As normal when you finish a great book you feel a little sad that it has come to an end. But I look forward to the next. This book should be in the top ten best sellers list. Loved it."

**Lee Truey**

### **Key Selling Points**

- Based on real life events.
- Will appeal to fans of *The Godfather*, *Breaking Bad* and *The Sopranos*.
- Modernises revenge tragedy.
- Based in Wales.
- First book of a series.
- The book is a modern day take on Shakespearean revenge tragedy stories.
- Follows an eighteen-year-old through his experiences of violence, murder, and revenge.
- Explores deep issues such as trauma, loss, and uncontrollable anger.

### **Comparable Works**

*Rocky*

*The Godfather*

*Romeo and Juliet*

*Get Carter*

### **PR, Media and Marketing Opportunities**

- Explores the depths of violence set in the valleys area of Wales, drawing the reader into the plots as they twist and turn, amidst the familiarity of its setting.
- Would appeal to readers of horror and crime genres, offering a broad expanse of interest.

- First novel by an author who will undoubtedly prove popular with countless crime-fiction readers.
- This book deals with complex issues including the fallout from experiencing harmful trauma and the effects that has on a person's mental state. In highlighting the dangers of anger, violence and revenge, with mental health issues being a 'hot topic', this is sure to generate much commercial attention.

For more information please contact Shaun Russell at [shaun@candyjarbooks.co.uk](mailto:shaun@candyjarbooks.co.uk) or 02921 157202

